CGI-HEAVY SUMMER FLICKS GOT YOU DOWN?

THERE ARE PLENTY OF EXPLOSION-FREE OPTIONS ON THE WAY. PAGE 17

metro

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Monday, August 3, 2015 www.metro.us | t: MetroNewYork | f: MetroNewYork

Sweet streets

Summer in the city. Summer Streets kicked off Saturday with 7 miles of city streets closed to traffic for pedestrian fun in the sun. The event continues for the next two Saturdays. PAGE 02

New Yorkers take back the streets from cars during the annual Summer Streets event. / HANNAH MATTIX, METRO

Four dead, 71 sick in Bronx outbreak

PAGE 06

This new biz will make kids love science

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Were the Yankees too timid at deadline?

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1 NEWS

Top 3

The best of Metro.us

1 'There's a "Dildo War" at Union Square this weekend'

2 'Jets' Sheldon Richardson may be out for more than four games'

3 'Cat Camp: The SoHo pop-up for outdoorsy cat lovers'

On the go

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NYC's Summer Streets: Something for everyone

Pedestrian paradise. Seven miles of city streets will be closed for three Saturdays in August.

At 6:45 a.m., 12 eager New Yorkers waited in line for the 270-foot waterslide at the Vita Coco Beach at Foley Square at the first day of this year's Summer Streets.

Along with Slide the City, Vita Coco Beach offered hammocks and lawn chairs underneath palm trees to relax, free Vita Coco coconut water, popcorn, an opportunity to transport oneself to the beach via virtual technology and a cool-off misting station.

Summer Streets, which opened Aug. 1 and will be repeated the next two Saturdays, runs from 7 a.m. to 1 p.m. and offers nearly 7 miles of open streets for people to run, bike, walk and partake in various activities — like the Slide the City waterslide — at multiple rest stops along the way. "Summer Streets provides space for healthy recreation and encourages New Yorkers to use more sustainable forms of transportation," the Department of Transportation said.

Modeled after other street events from around the world including Ciclovía in Bogotá, Colombia and the Paris Plage in France, Summer Streets has also inspired other events such as CicloRecreoVía in Chile and London's Regent Street Summer Streets.

The Foley Square stop also offered a 165-foot-long, 30-foot-high zip line on Leonard Street between Lafayette Street and Centre Street.

MEGAN FU
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We tried it

Metro conquers the Summer Streets zip line

I have a love-hate relationship with heights and roller coasters and things of that nature.

As I stood in line for the Summer Streets zip line, I felt OK, because when I looked up I thought, "Well, even if I fell off of that, I wouldn't die."

That and the fact that a number of children half my age had rode the zip line left me feeling pretty confident.

Of course, when it was my turn I felt slightly uneasy, I was much closer and it appeared much higher — although I still didn't think I would die upon falling off.

A worker strapped me into the harness and I told him I liked his pants (something I tend to do when I am nervous — compliment someone's pants — but, for the record, they were cool pants).

Megan Fu tries the zip line.

As I stood at the bottom of the stairs, the man at the top gestured for me to come up. As I climbed the 30-foot staircase, the woman ahead of me turned around and walked down — the zip line had conquered her before she had begun. Not comforting.

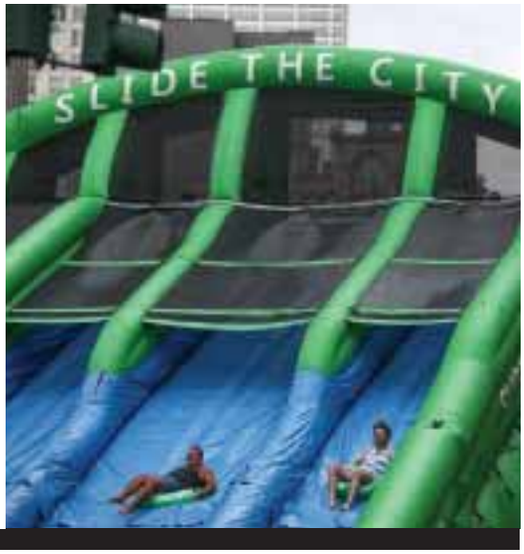
When I got to the top, I looked down and almost immediately my nonchalant assessment of the potential fall not killing me evaporated.

The man hooked me on, gave me some directions and told me to go whenever I was ready.

I stared down at the human-size target that was waiting for me at the bottom, and before I could think about it I lifted my feet. It was terrifying for about a quarter of a second, then it was thrilling, and then it was over.

The guy waiting for me at the bottom looked understandably not amused by all the screaming he'd dealt with all day as he unhooked me wordlessly from the zip line.

But none of that screaming was mine; I conquered the zip line in silence. MEGAN FU



Pop-up beaches, waterslides and zip lining were features of the event. / HANNAH MATTIX, METRO

Brooklyn house party

Thirteen hurt in Brooklyn shooting

Thirteen people were injured when gunmen opened fired outside a house party in Brooklyn early Sunday, police said.

Nine people were struck by gunfire and four others suffered cuts and scrapes in the shooting which erupted around 2:25 a.m. on Stanley Avenue, according to the NYPD. Two victims were shot in the neck and the rest were hit in the arms or legs.

All of the gunshot victims, which included three men and six women ranging in age from 19 to 38, were transported to local hospitals and are expected to survive, the NYPD said.

Police have not captured any of the suspects and it was not immediately clear what prompted the shooting.
REUTERS

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Cat Camp: A SoHo pop-up Catapalooza

Hello, Kitty. Cat Camp, decorated to look like a campground, was devised to educate cat owners.

A cat checks out the scene at Cat Camp. / LENYON WHITAKER

First it was the Cat Cafe, this weekend it was Cat Camp, a pop-up event that was held in SoHo.

Cat Camp was decorated to look like a campground and was filled with cats and kittens roaming about.

There was also an educational element to the event. Cat Camp's main goal was to inform and educate cat owners about how to maintain the health and wellness of their feline friends.

"Cat health is somewhat ambiguous, and it seems and sounds clinical and it's not immediately understandable," Niky Roberts, a spokeswoman for Cat Camp's creator, Purina One, told Metro. "We are taking cat health, breaking it down into camp-themed activities to make it more understandable."

A cat behavioral specialist and a veterinarian were on site to answer any questions about a cat's health and well being.

For instance, the No. 1 thing cat owners don't understand about their cat's health?

"Most people don't understand that cats don't drink readily and that they're prone to dehydration," Dr. Deborah Greco, a veterinarian for more than three decades, told Metro. "Even experienced [cat owners] don't know that."

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Urgent: Special Summer Driving Notice

To some, sunglasses are a fashion accessory…

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Drivers' Alert: Driving can expose you to more dangerous glare than any sunny day at the beach can… do you know how to protect yourself?

Studies by the National Highway Traffic Safety Administration (NHTSA) show that most (74%) of the crashes occurred on clear, sunny days

The sun rises and sets at peak travel periods, during the early morning and afternoon rush hours and many drivers find themselves temporarily blinded while driving directly into the glare of the sun. Deadly accidents are regularly caused by such blinding glare with danger arising from reflected light off another vehicle, the pavement, or even from waxed and oily windshields that can make matters worse. Early morning dew can exacerbate this situation. Yet, motorists struggle on despite being blinded by the sun's glare that can cause countless accidents every year.

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Legionnaires' kills fourth person in Bronx outbreak

Legionella.
Outbreak in the Bronx sees 71 sick, 55 hospitalized and four deceased.

Legionella / GETTY IMAGES

A fourth person has died as a result of the Legionnaires' outbreak in the Bronx, a mayoral spokesman said yesterday.

All the deceased individuals were older adults and had additional underlying medical problems, the mayor's office said.

As of Sunday, a total of 71 people have been diagnosed with the disease, 55 of whom had been hospitalized, the official said. Twenty-five people have been discharged after treatment.

In addition, out of the 17 buildings with cooling towers that were tested for legionella, five have tested positive. Remediation was completed at all five buildings, city officials said Sunday evening.

All sites will be required to submit long-term plans to protect against any future growth of legionella.

The mayor's spokesman said that the city's drinking water was safe and that water features like fountains and pools are unaffected by legionella.

Legionnaires'

Legionnaires' disease (also known as legionellosis) is a severe and often lethal form of pneumonia that is the result of legionella bacteria infecting one's lungs.

Symptoms include:

- Fever
- Chills
- Headache
- Fatigue
- Confusion

How it's contracted

Most cases of Legionnaires' disease can be traced to plumbing systems such as whirlpool spas, hot tubs, humidifiers, hot water tanks, cooling towers and evaporative condensers of large air conditioning systems.

MEGAN FU
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letters@metro.us

Not having symptoms doesn't mean you're not at risk for PAD

If you're over the age of 60, you're at risk for having or developing Peripheral Arterial Disease (PAD), which if left untreated can lead to severe pain, numbness, impotence, non-healing sores...even amputation. And if you're a smoker, have diabetes or have had a heart attack or stroke your risks are increased significantly.
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- ☑ Pain level increasing with less exercise
- ☑ Numbness in legs and feet while at rest
- ☑ Paleness or discoloration
- ☑ Legs are cool to the touch
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Coast Guard

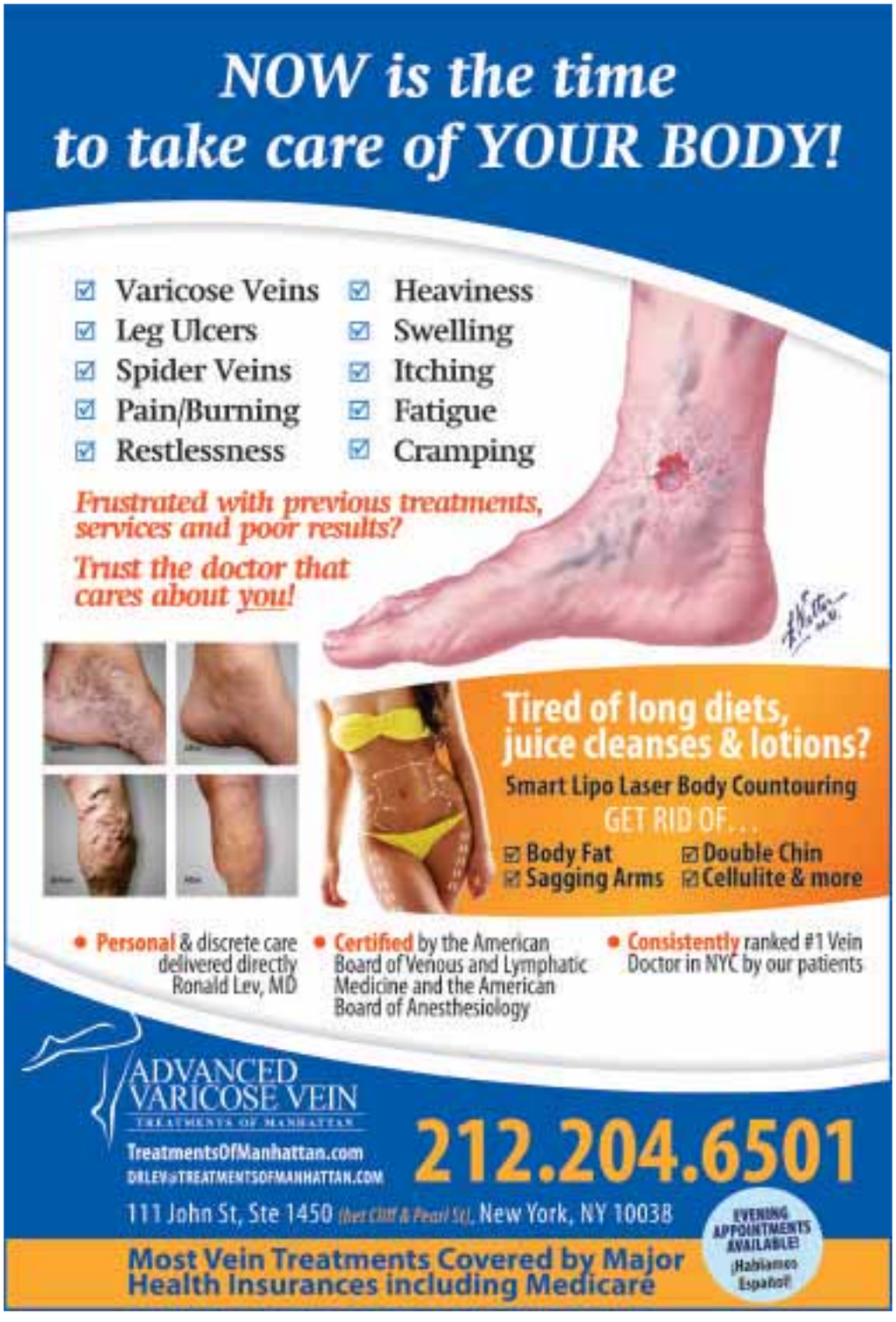
Helicopter makes emergency landing on Staten Island golf course

A Coast Guard helicopter pilot made a precautionary emergency landing on a Staten Island golf course on Sunday.

The four-person crew made the decision to land at the Richmond Country Club when the helicopter from Air Station Atlantic City was experiencing mechanical issues.

The helicopter / COAST GUARD

"Our flight mechanic smelled something," said pilot Elise Roberts. "We were setting up for a precautionary landing when we started losing equipment and decided we needed to land immediately." The helicopter is being examined to determine what caused the problem and all members of the helicopter crew are safe, officials said. **MEGAN FU**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Empire State Building. Endangered species featured in night sky

ALL IMAGES GETTY IMAGES

Projected images of endangered species, including one of recently killed Cecil the lion, were featured on the Empire State Building on Saturday night. Travis Threlkel, founder of Obscura Digital, collaborated with Louie Psihoyos, acclaimed filmmaker and director of the Oscar-winning documentary "The Cove," to create this show and elicit concern for the animals. **HADLEY BOLTRES**

Plane debris is from same type of aircraft as MH370

Police officers inspect metallic debris found on a beach in Saint-Denis on the French Reunion Island in the Indian Ocean on August 2, 2015, close to where a Boeing 777 wing part believed to belong to missing Flight MH370 washed up last week. / GETTY IMAGES

Flaperon. Reps from the U.S., Malaysia, China, France and Boeing are due to participate in a verification.

Malaysia said on Sunday that airplane debris that washed up on the Indian Ocean island of Reunion has been identified as being from a Boeing 777, the same model as a Malaysian Airlines plane which vanished last year.

Experts hope the 6.5- to 8-foot wing surface, known as a flaperon, and a fragment of luggage also found on Reunion could yield clues on the fate of Flight MH370, which disappeared without trace in March 2014 with 239 passengers and crew on board.

Low said Malaysia is contacting authorities in territories around Reunion to see if they can help if other objects suspected to come from a plane are found.

More pieces of metal debris found washed up on Reunion were taken into police custody on Sunday, but it is too early to say what they are, said a source close to the French investigation.

Discovery of the debris may finally confirm MH370 crashed into the sea after veering off course from Kuala Lumpur to Beijing, helping to end 16 months of lingering uncertainty for relatives of the passengers and crew.

Investigators believe someone deliberately switched off MH370's transponder before diverting it thousands of miles off course. Most of the passengers were Chinese.

The debris will be analyzed at a lab staffed by 600 experts that is operated by the French defense ministry.

The luggage fragment has been sent to a police unit outside Paris that specializes in DNA tests.

If the serial number on the flaperon confirms that it is from Flight 370, then the laboratory can use sophisticated tools to try to glean more information about the causes of the crash, such as whether its shape corresponds more to a midair explosion or a crash into the ocean. REUTERS

Quoted

"We know the flaperon has been officially identified as being part of a Boeing 777 aircraft."

Transport Minister Liow Tiong Lai said in a statement.

Tennessee

Manhunt underway for killer of Memphis police officer

A manhunt was underway Sunday in Tennessee for the killer of a Memphis police officer who was fatally shot during a traffic stop on Saturday night, officials said.

Sean Bolton, 33, died from multiple gunshot wounds after being discovered critically wounded at about 9:15 p.m. local time Saturday, Memphis police said. A citizen used the officer's radio to report the shooting, police said.

The Memphis Commercial Appeal reported via Twitter that police surrounded an apartment building on Sunday morning looking for a suspect related to the shooting but left and apparently did not make an arrest.

Bolton / FACEBOOK

Police also recovered a handgun in a field near the newspaper reported. Memphis police could not be reached for comment.

Bolton had worked for the Memphis Police Department since October 2010. He is the third Memphis officer to be shot and killed in just over four years. REUTERS

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Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer

Manhattan - In just a moment I'm going to tell you about a very "candid" and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from ***real medical treatments.***

That's also why no ethical doctor would promise or guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: "cure for knee arthritis" or "eliminates all pain" or "works for everyone" you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplemtation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a "must read."

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints deceases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically . Treatment with this special lubricating gel is called

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City

Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Norhtern New j Jersey ever since word got out of their advanced medical procedure for knee arthritis

Viscosupplementation.

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to amedical clinic in New York City, This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplemtation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

"All Doctors Are Human And Sometimes They Mess Up"

I discovered that this treatment must be VERY PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... ***but the imaging proved him wrong.***

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It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

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The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

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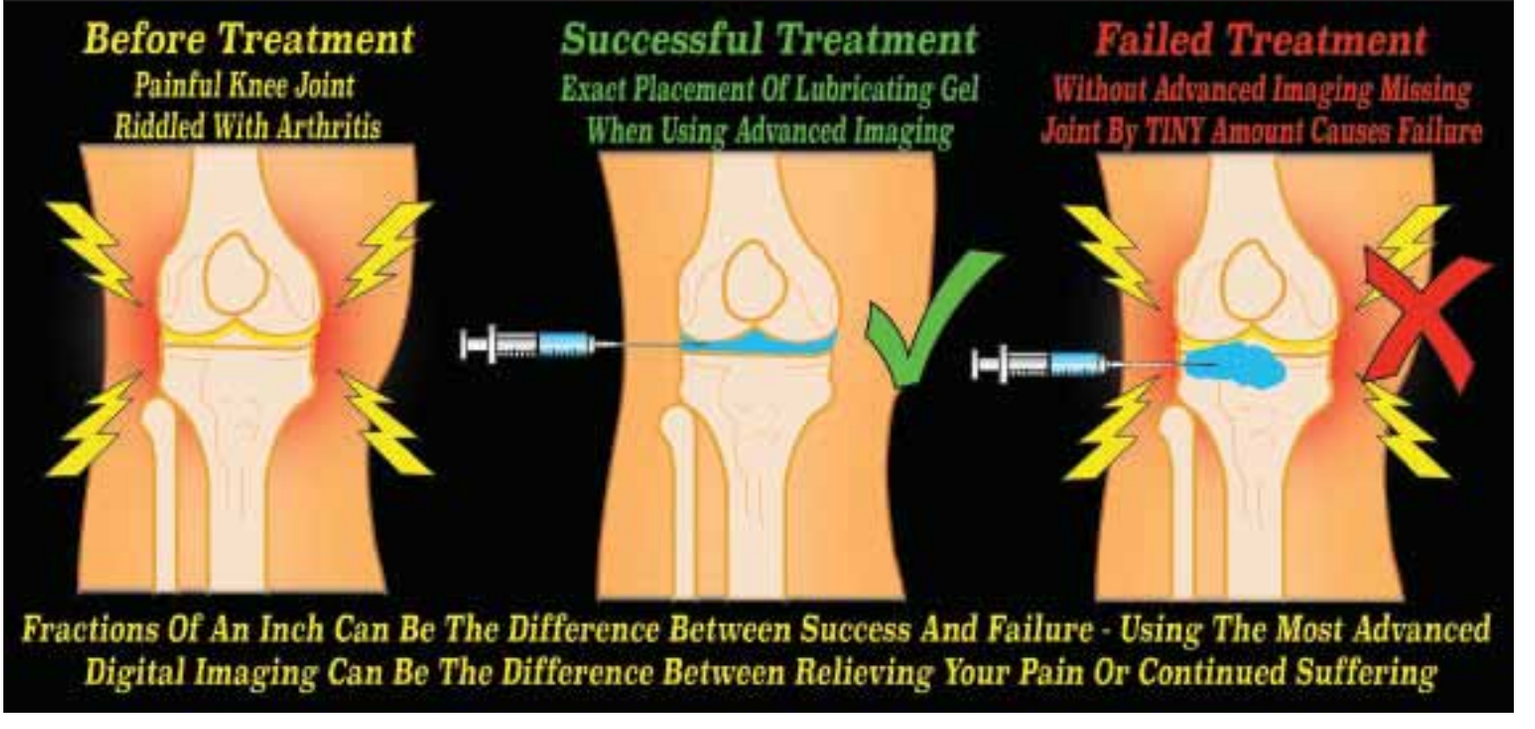
Why A Fraction Of An Inch Can Be The Difference: **Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to**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Five things to know

1 Obama to unveil tougher climate change plan

President Barack Obama will unveil on Monday the final version of his plan to tackle greenhouse gases from coal-fired power plants, kicking off what is expected to be a tumultuous legal battle against federal environmental regulators by the coal industry and its political allies.

The revised Clean Power Plan will seek to slash carbon emissions from the power sector by 32 percent by 2030 from 2005 levels, a 9 percent increase over a previous proposal, a senior White House official said, speaking on the condition of anonymity ahead of Monday's official launch.

The regulation is aimed at ushering in a sweeping transformation of the U.S. electricity sector, encouraging an aggressive shift toward more renewable energy away from coal-fired electricity.

Industry groups and some lawmakers from states that have relied on coal-based energy have vowed to challenge it in the courts and through congressional maneuvers, accusing the administration of a regulatory assault that will drive up energy prices.

The White House took a defiant stance, saying the release of the plan was "the starting gun for an all-out climate push" by the president and his cabinet.

"My administration will release the final version of America's Clean Power Plan, the biggest, most important step we have ever taken to combat climate change," Obama said in a video posted by the White House.

He said there have been no federal limits to date on carbon pollution from power plants, the biggest source of U.S. greenhouse gas emissions. **REUTERS**

Emissions spew out of a large stack. / GETTY IMAGES

2 Italy coast guard rescues 1,800 sea migrants, five found dead

Italy's coast guard said about 1,800 migrants were rescued from seven overcrowded vessels on Saturday, while five corpses were found on a large rubber boat carrying 212 others.

The dead bodies were found on board at the time of the rescue, a coast guard spokeswoman said on Sunday. The cause of death was not yet known, she said.

The Mediterranean has become the world's most deadly barrier for migrants and refugees, with 3,500 thought to have died at sea last year and almost 2,000 so far this year. Many are fleeing poverty and violence in the Middle East and Africa. **REUTERS**

Sea migrants

90K

Italy has had about 90,000 sea migrant arrivals so far this year, after receiving 170,000 in 2014.

3 Kerry says US, Egypt return to 'stronger base' in ties

The United States and Egypt are returning to a "stronger base" in bilateral ties despite tensions and human rights concerns, Secretary of State John Kerry said on Sunday after talks with his Egyptian counterpart.

"Egypt remains vital ... to engagement and stability in the region as a whole," said Kerry, who held the first strategic dialogue between the two countries since 2009.

"There are obviously circumstances where we have found reason to have grave concern and we have expressed it very publicly," he said at a news conference with Foreign Minister Sameh Shukri. "But we have multiple issues that we need to work on simultaneously."

U.S.-Egyptian relations cooled after Islamist president Mohamed Mursi was ousted in 2013 by the military amid mass protests against his rule. **REUTERS**

4 Verizon's workers say no strike for now, union talks continue

Verizon Communications and the unions representing its wireline unit employees on the East Coast said work will go on and talks continue after their current contract expired.

Since June, the unions have been in talks with Verizon over the company's plans to cut costs by controlling health care and pension-related benefits over a three-year period.

Last week, the Communications Workers of America (CWA) and International Brotherhood of Electrical Workers that represent over 37,000 wireline employees said they had voted to go on strike, if needed, after their contract expired on Aug. 1 at midnight.

The unions want extra benefits in addition to job security provisions. **REUTERS**

VERIZON WIRELINE WORKERS

5 BMW CEO hints there is space for more electric models

The chief executive of BMW hinted in a German paper that there was potential for another of its "i" electric car models.

"Between the i3 and the i8, there is space if you look at it from the number point of view," Harald Krueger told Frankfurter Allgemeine Sonntagszeitung, when asked if he was planning new models.

He added that he could not give any more details at present.

Krueger also said BMW was in regular contact with major technology companies, including Apple, over connected cars. **REUTERS**

A BMW i3 plug-in hybrid automobile / GETTY IMAGES

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- D trains run local between **Atlantic Av-Barclays Ctr** and **36 St**.
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Painful Varicose Veins & Swollen Legs?

Varicose veins are more than a cosmetic problem. They are associated with **Deep Vein Thrombosis (DVT)** and **Pulmonary Embolism (PE),** both of which claim up to **300,000 lives** a year in the United States.

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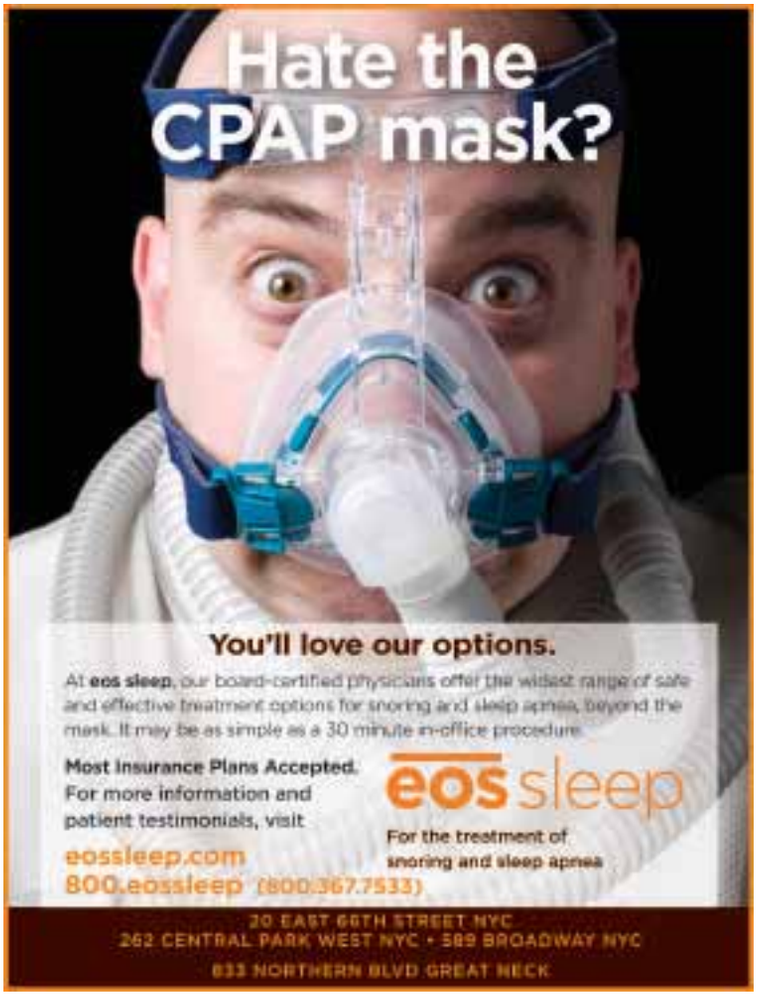
California

A wildfire along Northern California's inland coastal range has now burned nearly 46,000 acres and forced the closure of two highways, officials said on Sunday, after a second blaze near the Oregon border killed a firefighter. The Rocky Fire in Lake County, north of San Francisco, has grown in size by about 20,000 acres, according to Cal Fire, a state website for fire information. The fire has closed parts of Highway 20 and Highway 16, destroyed 24 homes and 26 more outbuildings, and threatens an additional 6,301 structures, according to Cal Fire. REUTERS

CAL FIRE FIREFIGHTER JOHNNY MILLER MONITORS FLAMES FROM THE ROCKY FIRE.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wildfire grows

CAL FIRE FIREFIGHTERS WATCH A LARGE PLUME OF SMOKE AS IT RISES FROM THE ROCKY FIRE

A HELICOPTER DROPS WATER ON SPOT FIRES. / ALL PHOTOS FROM GETTY IMAGES

Firefighters

2K

Nearly 2,000 firefighters are battling the fire, which broke out on Wednesday and is only 5 percent contained.

Evacuation

12K

About 12,000 people have been evacuated or are under evacuation advisories.

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2 CULTURE

Twitter feed

Today, Katy Perry is impressed, Niall Horan digs Ronda Rousey and Rita Wilson feels like sharing.

@katyperry:
Just left the most inspiring three hour dinner where no one took out their phones once... #evolved

@NiallOfficial:
Holy f—! @ufc @RondaRousey, this woman is the complete athlete/person! Pleasure to watch! For all of 34 seconds hahaha

@RitaWilson:
Hi I just posted a video on Facebook.

She's definitely got conviction(s). ALL PHOTOS GETTY IMAGES

1 Naomi Campbell, convicted paparazzo-basher

Supermodel Naomi Campbell is not one you should mess with, which comes as no surprise to anyone who remembers the whole "Blackberry to the housekeeper's head" incident back in 2006. And just three years later, in 2009, she reportedly hit an Italian photographer in the face with her designer purse, scratching his eye. And now she's been convicted of assault in that case, earning a six-month suspended prison sentence, according to the Telegraph. "We are appealing the ruling surrounding the 2009 incident," her attorney says in a statement. So how badass is Naomi Campbell? She has a subsection of her Wikipedia page titled "Assault cases." Plural. So there.

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick
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Daily video

The movies sing 'Uptown Funk'

This one obviously took a lot of work to put together. Incorrigible Internet mash-up video-maker Don Draper Says What has collected a dizzying array of movies from across Hollywood history and sliced and diced them until they come together to sing-speak the lyrics to "Uptown Funk." To be honest, it's the first time I've actually been clear on what some of the lines are. And while there certainly could've been other clips out there with characters saying "watch," do you really need anything other than Christopher Walken in "Pulp Fiction"? No, you don't.

@DONDRAPERSAYSWHAT / YOUTUBE

2 Charlize Theron adopts again

MOMMY DEAREST, AGAIN.

Charlize Theron is a mom once more. The "Dark Places" star has adopted a second child, an African-American baby girl, according to E! News. Theron also has a son, Jackson, 3, whom she adopted in 2012. Theron's new daughter is named August and was born in the U.S. in, awkwardly, July. Still, I guess "July" would've been a pretty silly name.

Meanwhile, Theron has finally had to actually talk to ex-boyfriend Sean Penn after reportedly ghosting on their relationship. The pair were reunited in South Africa last week for reshoots on their upcoming movie "The Last Face." That must have not been awkward at all, right?

3 Channing Tatum signs his 'Gambit' deal

OF COURSE I'M DOING THE MOVIE!

So those rumors last week that Channing Tatum was pulling out "Gambit"? Yeah, not so much. The "Magic Mike" star has closed his deal for the "X-Men" spin-off, according to Variety, and will star as the card-slinging fan-favorite Cajun mutant. There's even talk of his character being the new linchpin across the X-franchise, since Hugh Jackman and Jennifer Lawrence are putting their mutant days behind them. So what was the deal with last week's scuttlebutt about Tatum bailing? Maybe a negotiating tactic by Fox or Tatum's team to move things along? Pretty sneaky, C-Tates.

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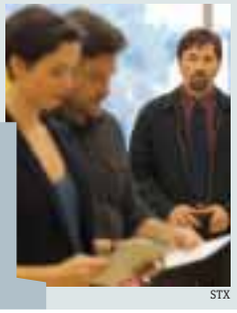
6 Cures for summer movie fatigue

It's been a summer that's seen such hits as "Mad Max: Fury Road," "Jurassic World" and "Mission: Impossible — Rogue Nation," but are you feeling a bit blockbustered out? Suffering from CGI fatigue? Who can blame you, when "summer" now starts in April at the multiplex. But don't worry, there are plenty of explosion-free alternatives out this summer. **NED EHRBAR**

1 'The Gift' (Aug. 7)



Joel Edgerton writes, directs and acts creepy as hell in this taut thriller about an unhappily married couple (Jason Bateman and Rebecca Hall) who let their social graces get the better of them with a pesky old pal (Edgerton). It's a genuinely disturbing and delightful surprise.

STX

2 'Mistress America' (Aug. 14)

Filmmaker Noah Baumbach reteams with his girlfriend, co-writer and muse, Greta Gerwig, for another story of young women in New York. Go ahead, let Gerwig charm you.

FOX SEARCHLIGHT

3 'Grandma' (Aug. 21)

Lily Tomlin follows up her delightful Netflix series "Grace and Frankie" with this off-kilter comedy about a senior citizen lesbian trying to help her granddaughter (Julia Garner) scrounge up $600 for an abortion.

SONY PICTURES CLASSICS

4 'Digging for Fire' (Aug. 21)

Joe Swanberg ("Drinking Buddies") sets "New Girl" star Jake Johnson loose as a slacker who finds some troubling evidence of a grisly crime while house-sitting.

THE ORCHARD

5 'Learning to Drive' (Aug. 21)

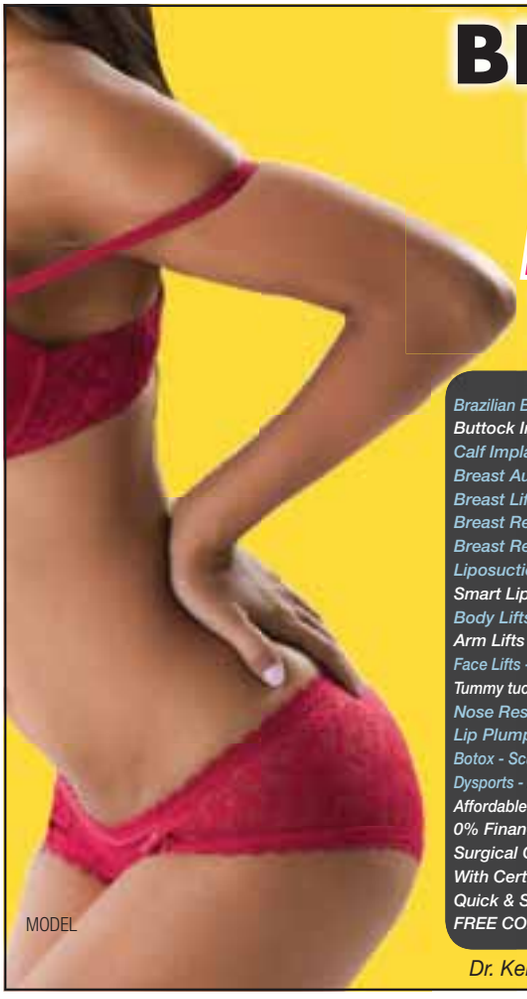
"Cairo Time" director Ruba Nadda tells another tale of people at life's crossroads with this drama about a literary agent (Patricia Clarkson) taking driving lessons from a Sikh man (Ben Kingsley).

BROAD GREEN PICTURES

6 'Sleeping With Other People' (Sept. 11)

Ever-charming Alison Brie and Jason Sudeikis play one-time lovers who try to pull off the whole "just friends" thing since neither of them can be in a relationship without cheating.

IFC



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HAS HOLLYWOOD FINALLY REALIZED THAT WOMEN HAVE SEX DRIVES?

In "Trainwreck," Amy Schumer (with Bill Hader) is allowed to be promiscuous without being scolded. / MARY CYBULSKI

I just went to a screening of an upcoming film that featured an older female lead who — don't faint now — actually has a sex life. Why is this so shocking that I'm writing about it? Well, it's part of a change in Hollywood that, while going far too slowly, is finally happening. We're starting to see things that are actually true in the world reflected onscreen.

This year, we got the news that Marvel and DC have female-led superhero films coming up as well as more women on the teams, as if — I don't know — women are half the population or something. "The Hunger Games" has had a wildly successful four-film run. Marvel's "Jessica Jones" is debuting on Netflix at the end of the year. We have "Trainwreck," a rom-com turned on its head. (What? Ladies can like sex, and it's not a big deal? Shocking!) Charlize Theron and Sigourney Weaver are kicking (and about to kick) ass on the big screen. It's like studios think women watch things now.

Put out concepts like this, and they'll seem normal. Show older women with a sex life or a female character who is free with her sexuality and don't treat that like it's a bad thing, and attitudes slowly start to change. Sure, "mens' rights" groups freaked out about Theron as the main focus of "Mad Max," but it didn't exactly hurt the movie at the box office. We see a fantastic transgender actress in "Orange Is the New Black," and we start having actual discussions about gender and what it means instead of pointing and saying, "I don't get that." However, if the entertainment industry doesn't do it first, changes come more slowly.

I was recently joking about a Hollywood type who was overheard to claim that a movie he was producing was "saving lives, man." Ah, the ego in this town. But, actually, sometimes these things do change lives. My niece is going to have a lot of heroines to look up to when she gets older, and so is her little brother. Some young kids aren't going to need their parents to explain what transgender is. When I'm 60, the idea that I still like sex isn't going to shock anyone.

What I'm saying is that the more risks movies and TV shows take, the better things are for all of us.

Geek Girl in Hollywood

JENNA BUSCH

JENNA BUSCH TAKES ON THE WAY POP CULTURE SNUBS ITS FEMALE FANS. FOR MORE COLUMNS, VISIT METRO.US/JENNA-BUSCH AS WELL AS HER SITE, LEGION OF LEIA (WWW.LEGIONOFLEIA.COM)

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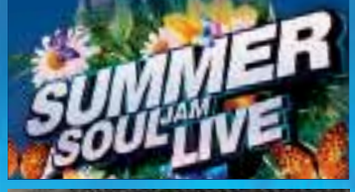

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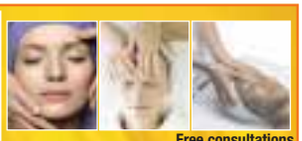

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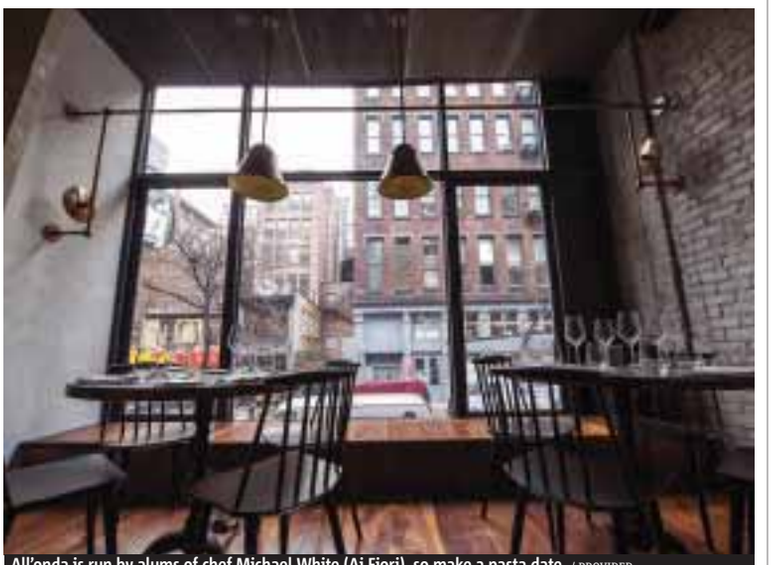

All'onda is run by alums of chef Michael White (Ai Fiori), so make a pasta date. / PROVIDED

As a deals expert, I absolutely love when NYC Restaurant Week comes around. I always discover a new haunt that offers tasty deals beyond these few special weeks. This summer's round of three-course lunches ($28) and dinners ($35) is winding down on Aug. 14. Take advantage of these five-star deals now and start planning your return visit.

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metro.us/horoscopes

Aries Present an upbeat attitude. If a change is required, do something about it. You have the ability to turn a negative situation into a positive.

Taurus You're not likely to make important connections by hiding your skills. You will gain crucial allies if you exhibit confidence and knowledge.

Gemini Gossiping will backfire on you. Instead of making someone else look bad, you will tarnish your reputation. Keep negative comments to yourself.

Cancer There are many ways to get ahead. The more people you involve in your quest, the better off you will be. Keep plugging away.

Leo When assisting an elderly relative, you should keep your opinions to yourself. Go over your personal papers to find a way to free up cash.

Virgo Love is in the air. Be free with your feelings and share your intentions. Make the first move when it comes to romance.

Libra It's up to you to make the most of a situation. Bring about the changes required to improve your life. Take a different approach.

Scorpio Be honest about what you want. Airing your thoughts and sharing plans will help you flush out any potential problems.

Sagittarius You will face resistance if you try to get your own way today. If you agree to meet family members halfway, everyone will be satisfied.

Capricorn If you find you are confused, ask questions. The people who always stick by you will make sure you are treated fairly.

Aquarius Have faith in your abilities. A new position is in the offing. Your ideas are sound, but someone will steal your thunder if you are too generous.

Pisces Don't impose your will on others. Direct your attention to a cause you believe in. You will feel fulfilled if you make a difference. **EUGENIA LAST**

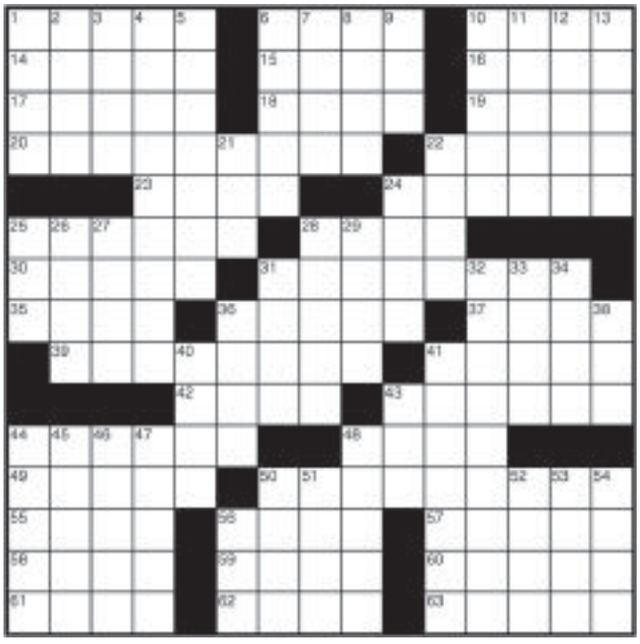
metro.us/crossword

Across

1 Gloomy
6 Mud dauber, e.g.
10 Piltdown man, for one
14 Second showing
15 Perched
16 Hideous monster
17 Rock tumbler stone
18 Apparel
19 Piercing
20 Consumed by insects? (hyph.)
22 Look after (2 wds.)
23 Mercury rival
24 California peak
25 Lord Tennyson
28 Subatomic particle
30 Firm
31 Enthused (hyph.)
35 Limerick writer
36 — diem (seize the day)
37 Lone Ranger's name
39 Pond lovers with delicate wings
41 Vitamin lead-in
42 Wrinkle
43 Coercion
44 Small apartment
48 Ant horde
49 Loose garment
50 Shocking losses (2 wds.)
55 Director — Preminger
56 Timber wolf
57 Repair-bill item
58 Burglar's "key"
59 Facile
60 January, in Jalisco
61 — Stanley Gardner
62 Threat ender
63 Point — National Seashore

Down

1 Author — Stoker
2 Engineering toy
3 Latin I verb
4 Expert
5 Paid homage
6 Light-bulb units
7 Shampoo additive
8 Token
9 Qt. parts
10 Phonies it up
11 Curved moldings
12 Glacial ridge
13 Inert gas
21 Say further
22 Rational
24 Canter
25 Deadly snake
26 Tower over
27 Kitty's bane
28 Thick soup
29 Devilkins
31 Anguish
32 Covent Garden route (2 wds.)
33 Congolese river
34 The worst, slangily
36 Ad award
38 Bad-mouth
40 Paris cop
41 Soft-spoken one
43 Good for cacti
44 Elegant wrap
45 Mentor
46 No later than
47 Vacuum tube
48 Hacienda brick
50 Weevil nosh
51 Kyoto sashes
52 Knuckle under
53 Sported
54 B'way signs
56 Size above med.



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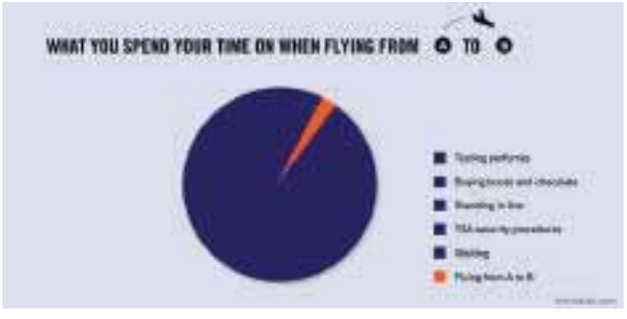

BY WULFF & MORGENTHALER

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easy

2		5	8					9
		9	4					
4		7					6	5
		8	5	9				3
			7	6	3			
7				2	8	9		
9	3					8		7
					1	6		
1					9	5		2

hard

		2	4	1				3
3					2	4		
		9			3		6	2
	3					5	2	1
9	2	1					7	
6	4		9			2		
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2				7	4	6		

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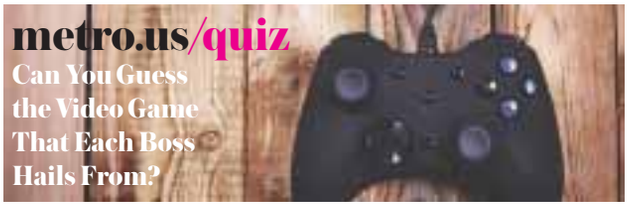

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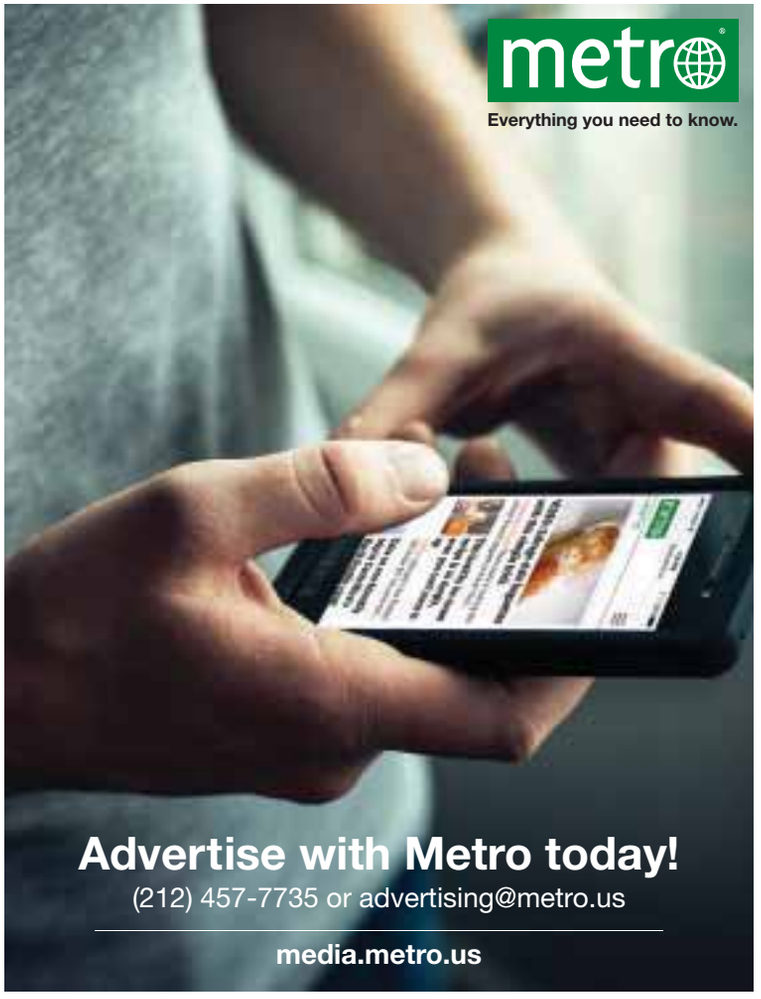

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HOW TO GET AHEAD

This 19-year-old is changing the way kids engage with *science*

Sara Sakowitz launched a subscription science-experiment service from her dorm room — and it's blowing up.

RAQUEL LANERI
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raquel.laneri@metro.us

Sara Sakowitz is 19 years old. She's also an award-winning cancer researcher, innovator and entrepreneur whose business could revolutionize education.

The Columbia University sophomore launched Blue Moon Box — a monthly subscription service that sends science-experiment kits right to kids' doorsteps — from her college dorm room with her friend Soham Daga in March. What started as a way to get Daga's sister interested in science soon snowballed into a full-blown Kickstarter-backed business (it raised $16,000) featured on "Good Morning America."

"I never expected it to be more than just a project that I worked on before winter break," says Sakowitz, who soon was getting requests for more boxes for playdates, classrooms and more. "By the time I got back, we were trying to keep up with the pace of the demand, and it was clear to me that this was something much larger."

Sara Sakowitz

Now, Blue Moon Box has more than 400 subscribers in 42 states throughout the country, including Hawaii. We asked the New Yorker — who has just won a 10 Under 20: Young Innovators to Watch award — about why Blue Moon Box has gotten so popular.

From scientist to business owner

"I started this process without any experience or training or knowledge about running a business," says Sakowitz. " I encounter new challenges every single day — from figuring out where I was going to buy all these materials wholesale to finding fulfillment centers for distribution. But I'm very willing to learn — whether that's going to Barnes and Noble and reading for hours, finding books about marketing at the library or even just Googling and Googling more. ... I really want to learn everything."

Inside Blue Moon Box

Interested in subscribing? Here's what you need to know.

- Each box focuses on a specific scientific theme — such as rocketry or chemical explosions.
- Sakowitz writes a storybook for each month's theme, featuring a mystery adventure that kids solve through doing specific science experiments.
- Each box includes all the materials and ingredients needed for that month's experiments, along with step-by-step instructions.
- Prices range from $25 for a one-time delivery to $210 for a 12-month subscription.

It encourages kids to get their hands dirty

Sakowitz first fell in love with science one day when she mixed baking soda and vinegar to create an erupting volcano. "Those little kitchen-table experiments gave me the tools to explore my world and the science behind it from a really early age," she says. "I wanted to give kids that same experience."

Kids aren't getting the science education they need in the classroom

Studies have shown that "learning by doing" helps students perform better in science. Yet, as schools face shrinking budgets, teachers don't have the resources to incorporate hands-on learning into their classes. "So kids are learning scientific concepts from worksheets or PowerPoint presentations, and they're not experiencing that magic you get when you do it yourself," says Sakowitz.

That leads to more and more kids thinking science is hard. Indeed, almost 60 percent of students who begin high school interested in science and math change their minds by graduation. "I wanted to show kids that science is approachable and fun."

Science is the future

More than just fun — and lucrative — science is vital. "Think about all the problems in the world," says Sakowitz, "from climate change to all of these diseases coming back because they're resistant to the medicines we have. We need future generations to face those challenges head-on, and they're going to need science to do that."

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RAQUEL LANERI
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Several studies have found that social media sites like Facebook and Twitter erode our concentration, analytical reasoning and even social and economic development.

But a new network aims to change that. EdCast — which makes learning social — allows its users to absorb short-form "knowledge bites" written and curated by 100 experts, educators and influencers in different fields spanning architecture, technology, robotics and food sciences.

"Think of it as a Twitter for knowledge," says founder and CEO Karl Mehta, himself a White House Presidential Innovation Fellow and TEDx veteran. "Just like you go on Twitter three to five times a day to catch up on the news, you can check EdCast from your smartphone, get these tidbits on the latest research, findings or insights from the top influencers and academics and learn something new and valuable in minutes."

These "bites" can include a tutorial by EdCast expert and music mogul Scooter Braun on how to create authentic PR to a video about nuclear security shared by former Secretary of Defense William J. Perry.

But the Stanford StartX company hopes to do far more than teach people stuff. Says Mehta: "We want to create a whole new culture of lifelong learning."

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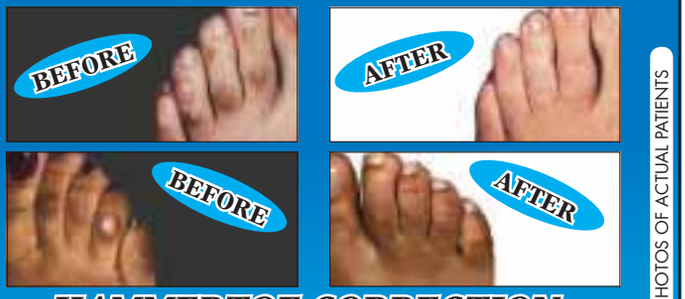

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3 SPORTS

Wilkerson is OK

Jets not worried about DE

A hamstring injury to Jets' Muhammad Wilkerson doesn't seem to be causing much concern for head coach Todd Bowles. "I don't think it was serious, if it loosens up should be OK," Bowles said. "Shouldn't be out long."

Were Yankees wrong to stay mostly idle at the deadline?

NFL. Only time will tell if the Yankees trade-deadline inactivity will hurt them come October.

Yankees fans certainly hope a change of scenery does slumping Dustin Ackley well. / GETTY IMAGES

The Yankees were certainly not the most active team at the trade deadline, and to make matters worse the Blue Jays got better by adding Troy Tulowitzki and Ben Revere in separate deals to boost their already potent offense, and David Price was brought in from Detroit to bolster what was a weak starting rotation. The Orioles improved as well by getting Gerardo Parra from the Brewers. The Rays are in the thick of it too, and all three teams are set to make the AL East race competitive again. With the loss of Michael Pineda for what could be up to a month with a forearm strain, the Bombers suddenly look vulnerable.

The Yankees took themselves out of the running for another bullpen piece like the Padres' Craig Kimbrel or the Reds' Aroldis Chapman when they refused to part with their elite prospects. And other than Dustin Ackley, the Yankees never seemed to be active in trying to acquire another bat. Rumors stated that the Yankees bid on Cole Hamels, but they never landed him or any such starter of his caliber, which they really could have used.

So can Dustin Ackley carry the freight and help the Yankees hold off the rest of the AL East? His numbers this season don't indicate that. Ackley is batting just .215 with six homers and 19 RBIs this season. This is well below his career averages of .242, 12 homers and 56 RBIs. He's also averaged 50 walks per season in his professional career, this year he is at just 14. It's possible the change of scenery and switch to the more hitter-friendly confines of Yankee Stadium will wake him up a bit, but even if it does the Yankees are still lacking in the starting pitching department.

The Yankees rotation is the fourth-worst in the American League and 23rd in the majors in ERA at 4.39. The opponent batting average against Yankee starters is an alarming .275 (only the Twins have surrendered a higher average in the AL) and Yankee starters have served up 79 homers this year (fourth-worst in the AL).

The Yankees will turn to blue-chip prospect Luis Severino to try and fill the void left by Pineda; he has a 7-0 record in Triple-A with a 1.91 ERA, which is astoundingly good. If Severino can continue that kind of dominance at the major league level, it would be a huge boon for the Bombers. But as long as the $23-million-a-year human pitching machine C.C. Sabathia and lemon Nathan Eovaldi continue to make starts, the Yankees will have to produce runs in bunches to stay afloat.

By the numbers

13

The Yankees, more or less control their own fate. They play the Blue Jays, the biggest threats in the AL East 13 times. They also play the Orioles six times.

ROBERT CRISOLA
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STRAIGHT Talk

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Support for Sheldon

Jets' Miles says Richardson will "bounce back"

There isn't anyone on the roster as close to embattled defensive end Sheldon Richardson as safety Rontez Miles. And in the eyes of Miles, who has spent much of the past two years on the practice squad, Richardson will bounce back from his recent legal woes.

It is a friendship based on trust, on their shared mutual backgrounds. Neither took the easy way to the NFL and neither had an easy upbringing. Theirs is a bond between the two, a camaraderie that goes beyond the huddle, beyond the film room.

Last year, Miles and Richardson shared a house together in one of the commuter towns in Essex County, about 20 minutes from the team's practice facility. Over the past few days as Richardson has gone through this very public shaming, Miles has been there for his teammate.

For his friend.

"That's still my roommate. It's life, it can happen to anybody. I know the guy more than anybody. He's a great guy, we're going to pick him up as a unit, a defense, a team. Coach said it isn't about Sheldon the player, it's about Sheldon the man," Miles told Metro. "We're roommates, we talk. We talk, we get it off — we vent. It's good to vent, get it out so it doesn't weigh down on you mentally. We're used to talking to each other."

Though both are known to be "class clown" types in camp, there is truly a serious side to their relationship, to their friendship, one that goes beyond the turf and to the heart of the matter. They are confidantes, able to share their innermost thoughts with each other. That includes the past few days where Richardson has been the focal point of all the wrong type of media attention.

"He's good, he's been changing. I know him in and out. The media can make it seem a different million ways how it really is," Miles said. "I know the man personally. He's had my back the whole way. He's a great guy, he'll bounce back."

KRISTIAN DYER

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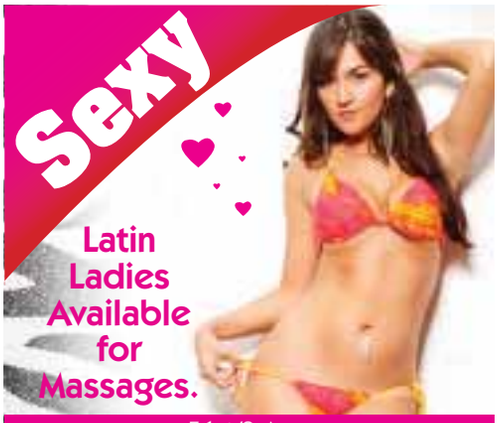

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NOTICE IS HEREBY GIVEN that a license, Serial # 1287606, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 102 East 7th Street, New York, NY 10009. New York County, for on premise consumption. Txipiron Inc.

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Success Academies is accepting RFP responses for a Food Service Management Company during the 2015-16 school year. The contract runs from July 1, 2015 to June 30, 2016. The deadline and public bid opening is 8/6/15 at 4PM at 95 Pine St, 6th Flr. New York, NY. The RFP and information on the pre-bid is available by request from Emily Hufft at:ehufft@schoolfoodsolutions.org.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 29 West 36th St., New York, NY 10018. New York County, for on-premises consumption. Midtown Fiesta LLC d/b/a Habanero Blues

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NOTICE IS HEREBY GIVEN that a license, Number 1287527, for On Premise Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 27 East 92nd St., New York, NY 10128, for on-premise consumption. Mamericana 92 LLC d/b/a Gina Americana.

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NOTICE IS HEREBY GIVEN Brownsville Ascend Charter School SFA is accepting RFP responses for a Vended Meal Service during the 2015-16 school year. The contract runs from July 1, 2015 to June 30, 2016. The deadline and public bid opening is 8/14/15 at 4PM, 205 Rockaway Parkway, 6th floor, Brooklyn, NY 11212. The RFP is available by request from Emily Hufft at ehufft@schoolfoodsolutions.org

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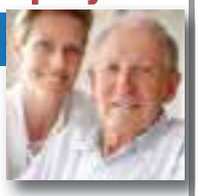

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